Office of the Assistant Secretary for Health (OASH)

LCDR Sayeedha Uddin, MD, MPH
Office on Women's Health
Office of the Assistant Secretary for Health





Research programs

National Vaccine Program Office

- Multiple research studies involving vaccines during pregnancy.
- Programs will be presented by NVPO



Government services

- ► HHS OASH Region 5
 - Region V activities focus on education and training of health and social service providers
 - Healthier Pregnancy: Tools and Techniques to Best Provide Affordable Care Act Covered Preventive Services (Healthier Pregnancy Provider Training)
 - Successes in Adolescent Health: Tools and Techniques to Support Pregnant and Parenting Young People in Breastfeeding



Government services

- ► HHS OASH Region 5
 - Trauma-Informed Care: Understanding and Responding to the Health Effects of Adverse Experiences Through the Lifespan (to be released soon)
 - This project has several cases designed to train health care providers on the intersection of traumatic exposure and pregnancy, and eventually breastfeeding.





Public policy, Regulations, Guidance

Office for Human Research Protections

- Regulations:
 - Protection of Human Subjects, 45 CFR, part 46
- Guidance: (not specific but related)
 - 45 CFR 46 FAQs
 - Research with Children FAQs
 - Informed Consent FAQs
 - Prisoner Research FAQs

National Vaccine Program Office

Programs will be presented by NVPO



Public policy, Regulations, Guidance

- Office of Disease Prevention and Health Promotion
 - Activities relate to the inclusion of guidance for women who are pregnant and for children from birth to 24 months (who may consume milk from lactating women) in future editions of the Dietary Guidelines for Americans.
 - The Dietary Guidelines do not address therapeutic or clinical guidance, or dietary guidance that would relate to the health impacts of therapies.



Communication

- ► HHS OASH Region 7
 - Quarterly Breastfeeding Conference Call
 - Host quarterly breastfeeding conference call to address the barriers of women of color not breastfeeding their babies
- HHS Office on Women's Health
 - www.womenshealth.gov
 - Information on pregnancy for public facing website on women's health topics
 - Pregnancy and medicines
 - Tobacco and pregnancy
 - Zika and pregnancy



Communication

- ► HHS Office on Women's Health
 - Information on breastfeeding for public facing website on women's health topics
 - Online content
 - Breastfeeding fact sheet
 - Your Guide To Breastfeeding booklet
 - It's Only Natural campaign
 - Supporting Nursing Mothers at Work: Employer Solutions
 - OWH Helpline (800-994-9662)
 - Staffed with breastfeeding peer counselors
 - Answer breastfeeding questions in English or Spanish
 - Support women through breastfeeding challenges
 - Connect women with other resources if needed





Communication

- ► The Office of Minority Health
 - Supports the "A Healthy Baby Begins with You" campaign to inform women about preconception and pregnancy care. {
 https://www.minorityhealth.hhs.gov/omh/content.aspx
 ?ID=6953&lvl=3&lvIID=8 }



Collaboration/coordination

- ▶ HHS OASH Region 7
 - Breastfeeding Outreach Efforts
 - Created a Regional Breastfeeding committee to address breastfeeding barriers in MO, KS, IA and NE.
- ► HHS OASH Region 5
 - Region 5 Working Group on Neonatal Abstinence Syndrome (NAS)
 - To emphasize opportunities for intervention with respect to preventing NAS and providing linkages to recovery-oriented care and services.



Collaboration/coordination

- ► HHS OASH Region 3
 - Collaborates with other federal, state and local government agencies and community based organizations
 - Activities include public information and communications activities, conferences, meetings and/or workshops, and decision support tools



Collaboration/coordination

- ▶ HHS Office on Women's Health
 - Federal Interagency Workgroup on Breastfeeding
 - Conference and White paper "Opioid Use, Misuse, and Overdose in Women"
 - OWH supported a conference and subsequent publication on opioid use which incorporates information on use by pregnant women: https://www.womenshealth.gov/files/documents/final-report-opioid-508.pdf.
 - OWH also supports the United States Breastfeeding Committee
 - independent nonprofit collaboration of over 50 organizations that support breastfeeding initiatives across the United States

