# Current methods for assessing placental development and function, and their limitations







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# Disclaimers

- This is a general review, not a detailed analysis
- Minimal discussion of limitations or risk
- Common, but not all technologies are reviewed
- No conflict of interest





### **Placental macroscopic analysis**







### **Placental shape and disease**



Reduced placenta width is associated with adult diseases Placental width as a fetal nutrient sensor Placental thinness associated with cardiac death Higher cotyledon number and cardiac death



Barker & Thornburg, Placenta 2013

### **Placental histopathology**







Not "real time" Limited data

> Benirschke, Pathology of Human Placenta 2000 Castellucci, Frontiers Gynecol Obstet Invest 1993



### **Culture of primary human trophoblasts**

#### cytotrophoblast

### syncytiotrophoblast





### Human trophoblast cell lines and progenitor cells: Model for normal or diseased trophoblasts





Genbachev, Stem Cells 2011

### **Placental explants**



Miller RK, Placenta 2005



#### Schematic diagram of the human placenta perfusion system



### **Animal models for research**



#### The human (villous) and mouse labyrinthine placenta





Modified from Benirschke & Kaufmann, Pathology of the Human Placenta

# Similarity between protein and mRNA ortholog expression in human and mouse





Cox B, Mol Syst Biol 2009

Pearson correlation

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## US is the mainstay in placenta imaging

#### Sonographic appearance of a placenta with a succenturiate lobe





Sebire, J Clin Pathol 2008

# **Placental perfusion**

- 25% of the maternal cardiac output is directed to the placenta
- 30% of the fetal cardiac output is directed to the placenta
- Blood flow analysis:
  - Uterine artery
  - Umbilical artery
  - Umbilical vein
  - Intervillous space





Abramowicz, Placenta 2008

### Human placental blood flow



Williams, Obstetrics, 23rd Ed

# **Uterine artery flow**

- Reflects invasion of uterine arteries and their conversion to dilated vessels
- Notch representing impedance to flow





Abramowicz, Placenta 2008

Abnormal umbilical artery Doppler flow velocity waveforms with an absent end-diastolic component, associated with growth restriction and fetal hypoxia





Sebire, J Clin Pathol 2008

# Placental intervillous space: 3D high definition US (32 weeks)





Hata, Placenta 2011

# Placental volume: Virtual organ computer-aided analysis (VOCAL), 12.5 wks



Limitations



Resolution Placental function

Hata, Placenta 2011





Cost Accessibility Placental function Safety



# **Placental MRI: Main indications**

- Placental location (e.g., placental previa)
- Depth of invasion (e.g., placenta accreta)
- Placental volume (and fetal growth)
- Placental morphology in obese patients







Palacios-Jaraquemada, Acta OBGYN 2013 Messerschmidt, Ultrasound Obstet gynecol 2011

### **Placental MRI: Functional perfusion analysis**

- Arterial Spin Labeling (flow-sensitive alternating inversion recovery (FAIR)
  - Non invasive arterial blood labeling
- Intravoxel incoherent motion (IVIM)
  - A pulse field gradient- diffusion independent contrast
- Fast:
  - Echo planar imaging
  - Single shot fast spin echo imaging
- Blood oxygen level-dependent (BOLD) MRI:
  - Signals depend on hemoglobin-deoxyhemoglobin



### **Near Infrared Spectroscopy**





Kakogawa, Am J Perinatol 2010





Safety Real time assessment



# **Placental needle biopsy**

- Histopathology
- Genome
- Epigenome
- Transcriptome
- Proteome
- Metabolome
- Lipidome
- Microbiome
- Single cells analysis?









# Placental communication: shedding molecules and nucleic acids





Ouyang et al, Placenta 2014

### **Blood protein markers of placental function**

- MSAFP
- hCG
- Estriol E<sub>3</sub>
  (urinary estriol and pregnanediol)
- Activin-A and inhibin-A
- hPL
- sFlt/PIGF ratio
- sEndoglin

- PLF
- PTX3
- P-selectin
- PAPP-A
- PP13



# **Blood biomarkers - fetal DNA**

Free feto-placental nucleic acids (Quantity? Type?)

- SRY gene (pree, FGR)
- DYS-14 sequence (on Y-chromosome, Pree, FGR)
- DYS-1 sequence (Pree, FGR)
- Hypermethylated RASSF1A (Pree, FGR)
- Total extracellular DNA
  - Ubiquitous beta-globin (GLO gene, Pree, FGR)
  - GAPDH gene (Pree)



### **Cell free fetal RNA in maternal circulation**



#### **Different expression in different trimesters**

| CRH (pree, FGR)  | VEGF (Pree)            |
|------------------|------------------------|
| GCM1 (Pree)      | Inhibin A (Pree, FGR)  |
| PLAC1 (Pree)     | KiSS-1 (Pree, FGR)     |
| hPL (Pree, FGR)  | P-selectin (Pree, FGR) |
| PAPP-(Pree, FGR) |                        |

miRNAs





Koh, Proc Natl Acad Sci USA 2014

# Cell free fetal brain-specific genes in the maternal circulation





Koh, Proc Natl Acad Sci USA 2014





It is tough to make predictions, especially about the future—Yogi Berra

### Future technologies: Placenta on a chip





### **Future technologies: Nano-plac**





### **Lentivirus-mediated placental transduction**







Mishima and Sadovsky, in preparation

### **Future technologies: Gestometer**



